

Sibling Resources

Sibling Leadership Network

The Sibling Leadership Network (SLN) promotes a broad network of siblings who share the experience of disability and people concerned with sibling issues by connecting them to social, emotional, governmental, and provisional supports across the lifespan enabling them to be effective advocates with their brother and sister, and to serve as change agents for themselves and their families. The mission of the SLN is to provide siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.



For more information or to get involved, contact info@siblingleadership.com
Learn more about us at www.siblingleadership.org or connect via Facebook.

Sibling Support Project www.siblingsupport.org

The Sibling Support Project is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns.

Listservs (link from www.siblingsupport.org under Connect with other Sibs)



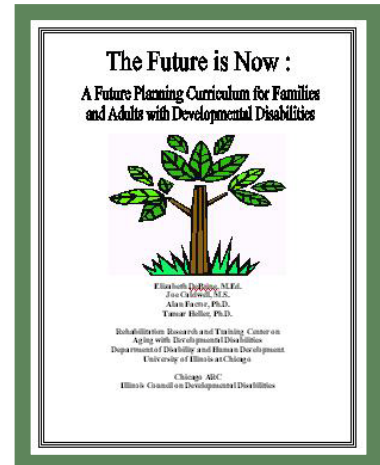
- ❖ SibNet—for adult siblings
- ❖ SibKids—for young siblings age 7-13 years
- ❖ SibParent—for parents to talk about their non-disabled kids
- ❖ AdultSibGroup—for facilitators of adult sibling groups

Future Planning Resources

The future is now: A future planning training curriculum for families and their adult relatives with developmental disabilities (2010 updated version)

Factor, A., DeBrine, E., Caldwell, J., Arnold, K., Kramer, J., Nelis, T., & Heller, T.

This curriculum equips families and their adult relative with a disability with the communication skills and information to jointly plan for the future. Participants learn how to overcome the emotional and systematic barriers to planning with the support of peer mentors who have made plans. They prepare a letter of intent that lays out their dreams for the future and identifies the steps required to transform this dream into a reality. This state-of-the-art approach to future planning was developed, implemented and evaluated by the Rehabilitation Research and Training Center on Aging with Developmental Disabilities at the University of Illinois at Chicago. It is an excellent resource for agencies, family organizations and advocacy groups.



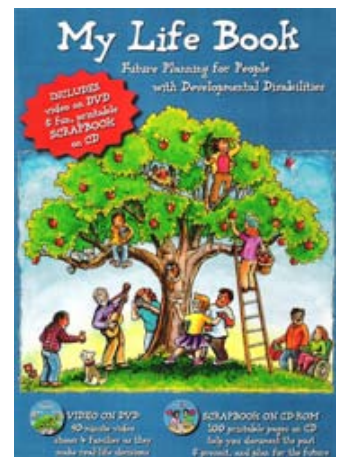
Softcover Curriculum and CD-Rom: \$70.00+Shipping

Training can be provided to groups of families or a train-the-trainer for professionals.

Visit www.rrtcadd.org or contact Alan Factor at afactor@uic.edu or (312) 413-1510

My Life Book: Future Planning for people with developmental disabilities (2004) IRIS Media, Inc. and Martin Sheehan, Ph.D.

This DVD, CD, and activity book are designed to help families think through and design a plan for the future. An engaging video follows the stories of four families as they attend a future planning class and begin the process of making important life decisions. The easy-to-use scrapbook-style workbook integrates with the video, providing families or caregivers with a permanent spot to record important information about their own lives. The included CD allows families to print and update scrapbook pages.



Parents of children with developmental disabilities can use this program with their child to create a record of important information and as a planning tool for the future. Sons and daughters can be active participants in creating My Life Book. This program can also be used by a group leader or instructor to teach a class on future planning for community members or participants in a special program.

Activity Book and DVD/CD \$70.00, DVD & CD only \$40, Activity Book only \$35

For more information visit www.lookiris.com